



June 19, 2020

## Park La Brea Swim and Fitness: Commitment to Safety

### **Member Experience**

- PLB Swim and Fitness will promote social distancing throughout the facilities with signage, floor decals, and more. This may include temporary closures of some equipment and social distancing placement of other equipment, including lounge chairs, and the decommissioning of select cardio and strength equipment throughout the Fitness Center to ensure proper spacing. (Temporary Changes: Page 2),
- Touch free Check-ins. Reduce touch points throughout the facilities where possible.
- Increased hand sanitizing stations and disinfectant wipe stations throughout the swim club and fitness center.
- New “Code of Conduct” (Page 2)
- Touch free temperature screening upon check-in
- Limited Capacity: Family Pool: 50 max capacity, Lap Pool: 20 max capacity, Jacuzzi: 4 max capacity
- Limited Time: Lap Pool: 20 minutes, Family Pool: 15 minutes, Jacuzzi: 8 min.
- Members are encouraged to wear PPE, in adherence with any city and state mandates. PLB Swim and Fitness will have disposable masks, upon request.

### **Staff**

- Implementation of workplace policies and procedures to protect employee health in accordance with current LA County Public Health Order.
- Touch free temperature screening upon start of shift.
- All PLB Swim and Fitness staff will be trained on re-opening safety measures, and proper nose, cough and sneeze hygiene, based on CDC recommendations.
- PPE, such as gloves and masks will be provided, and required in adherence with any city and state mandates.
- All PLB Swim and Fitness staff will be involved with maintaining a clean and sanitized facility.
- Staff will not come to work if they have any symptoms of illness, especially those directly associated with Covid-19, or if they have come in to contact with anyone exhibiting symptoms.

### **Cleaning and Disinfecting**

- Enhanced and increased cleaning and disinfecting protocols during business hours throughout Fitness Center and Pool, including lounge chairs, tabletops, handrails, using CDC recommended solution, and top-grade disinfectants. Fitness Center will be closed Monday – Friday from 2-3pm to conduct deep cleaning. Swim Club will be closed from 2-3pm daily to conduct deep cleaning.

- Increased and enhanced deep cleaning afterhours using CDC recommended solution, and top-grade disinfectants.

### **Temporary Changes**

- Temporary Hours of Operation: Swim Club: 6am to 7pm Monday – Friday, 8am -7pm Saturday- Sunday. Fitness Center: 8am-7pm Monday – Friday, 7am -3pm Saturday - Sunday. This temporary change will give staff more time to deep clean, and disinfect the gym.
- No Group Classes for the first few weeks of re-opening. We will then roll out a new class schedule, before returning to a full class schedule.
- Swim Club Locker rooms will be open for restrooms and sink areas only. Outdoor showers will be available.
- Water fountains will be closed off. Please bring personal water bottle.
- Removal of food and beverage vending machine.
- No towel service
- Temporary changes will be evaluated after a few weeks, to ensure personal safety.
- Limit capacity: Family Pool: 50 max capacity, Lap Pool: 20 max capacity, Jacuzzi: 4 max capacity
- Limited Time: Lap Pool: 20 minutes, Family Pool: 15 minutes, Jacuzzi: 8 min.
- Capacity will be limited to 50% for the Fitness center and the Pool, on a first come first serve basis. When facility is at capacity, attendance will be limited to 90 minutes in the Swim Club, and 45 minutes in the Fitness Center.

### **COVID- 19 Code of Conduct (applies to all members, guests, and employees)**

- No one will enter the facility if they have any symptoms of illness, especially those directly associated with Covid-19, or if they have come in to contact with anyone exhibiting symptoms.
- Masks or face coverings are to be worn in adherence with any local and state mandates, except when in the pools or Jacuzzi.
- Perform regular hand hygiene and cough/sneeze/tissue hygiene, avoiding contact with the eyes, nose, mouth, and face. Use resources such as hand soap, hand sanitizer, and disinfectant wipes provided throughout the Swim and Fitness Club.
- Practice Social Distancing of 6ft in adherence with any local and state mandates, respect the personal space of others, pay attention to floor decals.
- Limit personal items brought to the Swim and Fitness Club, no personal items (i.e. bags/ purses) to be placed on Fitness Center floor.
- Limit socializing in the Fitness Center.
- Sanitize all equipment used with the provided disinfectant wipes BEFORE and AFTER use.
- Sanitize lounge chair with the provided disinfectant wipes BEFORE and AFTER use.
- When you are finished using mobile equipment, put the equipment back in its place.
- Do not leave towels behind on cardio equipment, weight equipment, or on the floor. All towels must be thrown in the hampers located throughout the Fitness Center.
- Do not leave any trash behind on cardio equipment or Fitness Center floor. All trash must be thrown away in a trash can.
- Take the time to check your space before moving on – did you leave anything behind? Please take the time to leave the space as you found it.
- Bring any concerns/complaints/comments directly to management or email us at [plbfront@parklabreafitness.com](mailto:plbfront@parklabreafitness.com)